

Where are St. Joseph's Services Located?

- Padre Pio pre-school and Holy Family school are based on the main campus in Charleville. Our adult workshops, administration, multi-disciplinary team, and Garden Centre are also located on the campus.
- Residential homes in Co. Cork are in Charleville, Dromina, Newtownshandrum and Newmarket and in Co. Limerick, they are in Kilmallock, Bruree and Ballylanders.
- Respite services are in Charleville, Kilmallock and Ballylanders.
- Day services are in Charleville and Kilmallock.
- Retirement homes are in Dromcollogher and Ballylanders.
- Training, Employment and Social Skills Programme is in the TESS Centre, Broad Street, Charleville.
- Print and Craft Workshops are in Charleville.

How to become a volunteer:

Step 1 Application Process

Complete attached Application Form and Garda Clearance Forms. Give the name of two people who know you well and can give a character reference, both written and verbal.

Step 2 Informal meeting

The Volunteer Co-ordinator can meet you at your convenience. The purpose of this meeting is for the potential volunteer to have a tour of the campus and some of the services and for the Co-ordinator to become more familiar with you. In knowing your area of interest, the Co-ordinator can match you to the most appropriate activity.

Step 3 References

Checking references is very important as you will be working with people who are vulnerable. References ensure that you are reliable and trustworthy. Everyone who works with us is checked in the same way.

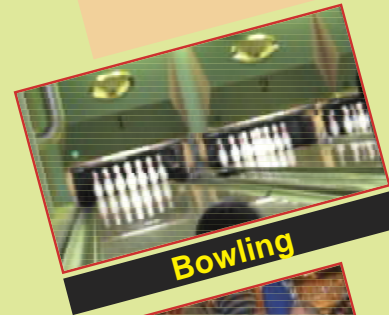
Step 4 Matching

After the completion of the application form, screening process and induction, you will be matched with an agreed activity.

For further information contact: The Volunteer Co-ordinator,
St. Joseph's Foundation, Baker's Road, Charleville, Co. Cork.
Telephone: 063 89252 or visit our web site www.stjosephsfoundation.ie



Shopping Trips



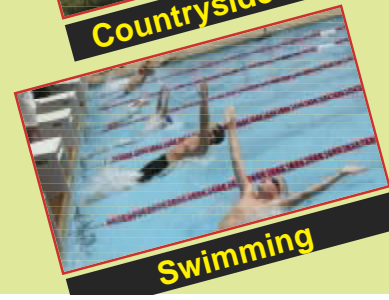
Bowling



Music Sessions



Countryside Drives



Swimming

Thinking of
Volunteering
with St. Joseph's



**St. Joseph's
Foundation**

Baker's Road,
Charleville,
Co. Cork.
063-89252

**A
Step
by
Step
Guide**

*For further
information
contact:
The Volunteer
Co-ordinator
at 063-89252*

Why do people volunteer?

Volunteering has a lot to offer people from all types of backgrounds. People volunteer for many reasons:

- To do something they really enjoy
- To share special interests, talents and professional skills
- To learn new skills
- To get a better balance in life
- To develop new interests
- To make new friends, to be part of a team
- To find out more about career choices
- Meet new people with similar interests
- To gain valuable training and experience which may lead to further education and paid employment,

Some questions to ask yourself?

- How much time can I spare?
- What time of the day/evening am I free?
- In what way do I feel I can best contribute?
- What are my particular skills and interests?
- What do I really enjoy doing?
- Do I prefer to work with children or adults, with a friend or on my own?

How are volunteers currently spending their free time in St. Joseph's?

We will introduce you to a number of activities that may be of interest to you.

Currently volunteers are involved in:

- Sporting clubs: Doneraile Rockets (basketball, hockey, athletics)
Bruff All Stars (basketball, hockey, athletics)
Mallow Marlins (swimming)
Copstown Golf Society
Duhallow Riders, Churchtown (horseriding)
- Family based respite/befriending scheme e.g. The Home from Home Project.
- Social outings – weekly and seasonal outings throughout Cork and Limerick, a social night is held monthly in Liscarroll.
- Classroom assistance.
- Administration assistance.

- Assistance in other aspects of our service e.g. residential, day care and respite services, retirement home, pre-school, garden centre, restaurant, canteen, job coaching, computers and adult education, sewing, personal development, adult leadership programme, housekeeping, music and music therapy, health and beauty, public speaking and advocacy, sibshops and pastoral care.
- Providing valuable assistance with leisure activities e.g. St. Joseph's sports department, swimming, golf, G.A.A., soccer, athletics, horse riding, gym and fitness, aerobics, drama classes, pottery, arts and crafts, music and dance.

Frequently asked questions:

Q. Who can volunteer?

A. A volunteer is a person in the community who shares their valuable time, energy, enthusiasm and skills within the organisation. No particular qualifications are needed, just a willingness to make a reliable commitment.

Q. What are the criteria requirements needed to volunteer in St. Joseph's?

A. Anyone from the age of 18 is welcome to be part of the volunteer programme, provided they meet the criteria set out i.e. Garda clearance etc. An application form needs to be completed, with the names, addresses and contact details of two people whom we can contact for references. The applicant can attend for an informal meeting/interview with the Volunteer Co-ordinator and most importantly, have a genuine interest in people who have a disability.

Q. How do I get matched to an activity?

A. We attempt to match individuals according to their interests and hobbies.

Q. How often do I need to attend?

A. The amount of time committed is up to each volunteer, volunteers are needed 24/7 within the service.

Q. How long will it take before I commence voluntary work?

A. Once the Garda clearance is processed, you are ready to begin work.

Q. Who is required to pay for expenses?

A. Each person is responsible for paying their own way. However, you will not be out of pocket for any expenses incurred during your work.