

St. Joseph's Foundation

Formerly Charleville & District Association for the Handicapped



Newsletter Spring 2005

Official Opening of the Spring Fair by Mary Davis, Director, Special Olympics



Carmel Hynes, Mary Davis and Dr. Martin O'Donnell at the opening of the Spring Fair 2005.

St. Joseph's Foundation held their Spring Fair on Sunday, 24th April at its Campus, Baker's Road, Charleville. The official opening was performed by Mary Davis, Director, Special Olympics Ireland. Charleville Brass and Reed Band provided the music for the opening.

The main sponsors of this year's Spring Fair were Byrnes and Dillon Oil Co. Ltd., Charleville, Tel. (063) 21300. They sponsored the first prize of €1,000 in our main raffle, which was won by Olive Mulcahy, Drombeg, Athlacca. The second prize of €500 was sponsored by St. Joseph's Foundation and won by Geraldine Murphy, Ballygarry, Garryspillane. The third prize of €250 was sponsored by Daly Building and Landscaping, Croom, Tel. Maurice at (087) 2420353 and was won by Maurice Healy, Knockcloona, Lisscarroll.

A great time was had by all and we hope to see you all again next year. Your support was greatly appreciated.

JP McManus Invitational Pro-Am 2005

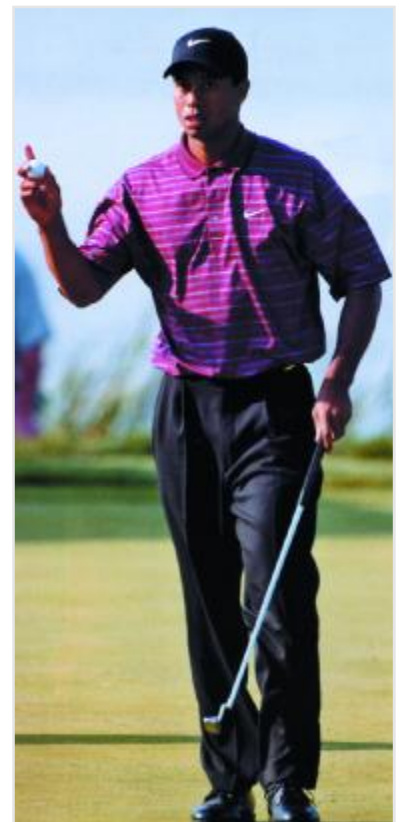
Preparations are currently underway for the forthcoming JP McManus Invitational Pro-Am Golf Classic, from which St. Joseph's Foundation and other charities will benefit. It will be held in the Adare Manor Hotel & Golf Resort on the 4th & 5th of July 2005. Those taking part in this year's event will include Tiger Woods, Mark O'Meara, David Duval, Christy O'Connor Snr., Padraig Harrington, Eddie Jordan and Martin O'Neill.

The qualifying tournament for the JP McManus Invitational Pro-Am 2005 will be held in Charleville Golf Club on Friday, June 10th. The entry fee is €1,500 per team and we have already contacted many businesses and firms in the corporate world seeking their support.

Two week-end qualifying classics will be held in April and May from which the six winning teams will compete on June 10th. The entry fee to these classics is €120 per team of three.

Our Foundation received in excess of IR£1,000,000 from the proceeds of the JP McManus Pro-Am in 2000. Many of the new developments including the Comhar Centre, Love Lane, which is a respite care centre for children and the Forge Development, Broad Street, (incorporating restaurant, TESS vocational training centre, craft shop and printing department) were financed from this money and it is hoped that future developments will be funded by this year's event.

We invite you to participate in this fundraiser if you so wish, you may either enter a team if you are a golfer or otherwise, sponsor a team or part of a team, and if necessary players will be provided to make up teams on your behalf.



HOLY FAMILY SCHOOL



Marsha enjoying a visit to the new playground in the town park.



Sean and Aoife on the swings at the new playground in Charleville.



Sean feeding the birds outside his classroom.



Pupils from Special 3 in the Prayer Room with a visitor from the Ann Sullivan Centre, Dublin.

Holy Family School – Health Promotion



Under the guidance of Eileen Ahern Savage, everyone is busy in Holy Family School participating in the health promoting schools programme. The main areas of focus are handwashing, dental hygiene and exercise. Each class completed a project related to the health promotion topics and these will be displayed in Mallow. This has proved to be a fun and beneficial way of learning for both students and staff. Parental involvement was an important aspect. All staff are working hard with the children promoting the importance of health and hygiene resulting in happier, healthier children and ultimately reduced spread of infection. Eileen and her health promotion team are well on their way to receiving their award. So lads, keep those teeth clean, take regular exercise and ensure

Daniel comes to Limerick !



Daniel O'Donnell is coming to Limerick on the 16th and 17th July 2005. I am looking forward to seeing him there. After the concert he always meets and has a chat with his fans. As I am a fan I always meet him and I never have to tell him my name because he knows me. Daniel writes a column in The Sunday World newspaper each week and I look forward to reading it every Sunday. When I heard he was getting married I was really happy for him. I met his wife Majella. I think that Daniel and Majella are very nice, kind people. Daniel O'Donnell you are the best singer in the world.

NEWS FROM T.E.S.S.

On Wednesday 30th March a Coffee Morning was organised to raise funds for the Kett Family. The amount raised was €778. We would like to thank everybody who contributed so generously.

Michael McCarthy celebrated his 40th birthday party in the Old Walls, Lisscarroll recently. Michael's family and his friends celebrated his birthday with him. We all danced to the wonderful music supplied by John O'Shea.

PANCAKE DAY . . .

Taking bets – did it reach the pan?



HAVEN UPDATE

– Reduce, Reuse, Recycle –

Things continue to progress with our Free Re-Cycle shop almost up and running, wormery now in action and everybody continuing to be environmentally aware. We are waiting to hear from An Taisce to give us a date for Dublin to collect our Green Flag. Well done to everybody!

The weather is improving and the gang in The Haven are on the move again. We had a great day at Lough Gur, inviting people from other units to join us having fun. Our programmes are forever changing and we would like to thank all workshop staff in their efforts to facilitate us. New activities include train journeys, craft experience, public library, Anan music sessions and Lamh training.

Our new project for the future will include work activities towards a sensory garden at the back area of The Haven. Watch this space!

Official Opening of Special Olympic's Munster's New Offices



Maeve Long with Mary Davis, Head of Special Olympics Ireland



Emily Hurley with Sean Martin, Lord Mayor of Cork who performed the opening.



Enjoying the Spring Fair



Taking a rest at this year's Spring Fair



Enjoying Sonas music session at the Haven are Eileen Goulding and Marie Keane.



Maurice from the Haven collects the recycles from Sheila at

KILMALLOCK COUNTRY MARKET



Some members of St. Joseph's Foundation who attended the Kilmallock Country Market which takes place every second Friday with Brendan Danaher and John Dillon, President of the I.F.A.

MEMORIAL SERVICE FOR POPE JOHN PAUL II

On Friday 8th April 2005 we held a small memorial gathering for Pope John Paul II in the St. Joseph's Foundation Workshop. Fr. Buckley spoke of the Pope's life, his visit to Ireland and led us in prayers for the repose of his soul, R.I.P. Then we watched the funeral on T.V. We had candles, photographs and flowers for the Pope. We would like to thank all who help organise it. We will never forget him because he was a special Pope. He used to say "People of Ireland I love you".

PADRE PIO PRE-SCHOOL

The Pre-School had a very enjoyable session at Little Rascals, Fun World, Mallow. They participated in Gymboree Play and Music Group and a great day was had by all. The staff are working hard at finishing their High Scope Training and



Seamus Browne in Lourdes during the Easter with the



Some familiar faces in the crowd at the "West Life" concert in Millstreet.



We sadly lost a dear friend and colleague Dolly (Ann) McAuliffe during February. She joined the Foundation in September 1998. She gave great care and enjoyment to those she worked with in the Foundation, particularly those in Oakview, Kilmallock. She

*I think of you in silence,
I talk about you too,
I have some lovely memories,
I wish we had you still.
Cherished memories from a friend.*



Membership of St. Joseph's Foundation

If you would like to become a member of this foundation please contact Mr. Conor Counihan, C.E.O. for further details.

Employees, contractors and trainees or their spouses are not eligible for membership.

Congratulations to Alan Lenihan who celebrated his 21st birthday recently.



PCP - Person Centred Plans

Human rights legislation has increasingly advocated that people with a disability have access to opportunities and training so that they may live life in the most full and satisfying way possible.

This means that parents/caregivers and service providers work towards enabling the service users to use their abilities to the fullest extent.

Person Centred Planning is a way of finding out exactly what sort of life someone wants – then planning ways of making this happen, in collaboration with the important people in their lives.

Training for staff has taken place and an information night for all parents was held in February.

Twenty eight service users have randomly being selected to make up the pilot group to start the PCP process here in St. Joseph's Foundation.

The service user with their family, friends and staff members will meet and make a practical plan. The plan will be reviewed, renewed and changed as time goes on.

If you would like further information on PCP please contact any member of the PCP team David Doyle, Eloise Sritheran, Josephine



In January I went to London with my family. We went shopping and sightseeing. This is me on the river Thames with Big Ben behind me. We had a great time.



Glen
Bridge
Garden
Centre

St. Joseph's foundation,
Baker's Road, Charleville
Telephone; 063-89252

**Re-opened for weekends on
Saturday 2nd April**

Opening hours as follows:

Monday - Friday 9 am - 5 pm

Saturday 10 am - 5 pm

Sunday 1 pm - 5 pm

**Full range of trees, shrubs,
perennials, roses, compost, pots,
planters and sundries**

Out & About . . .

The dawn chorus is at its best in May. Common birds spend the very early morning singing to proclaim their territory. One of our best songsters is the Chaffinch. The male chaffinch has a brick red breast, grey head and a distinctive white shoulder patch. The female has more pale green colours. These finches are common and widespread and can be seen from time to time on the trees and bushes around the workshop.

Ardpatrick Benefit Night A Tremendous Success

A benefit night in aid of the Foundation took place in Ardpatrick on March 18th. This event was organised by Mr. Michael Herbert and his son Jimmy who are natives of Ardpatrick but now reside in London. A total of €4,155.00 was raised and the Herbert family presented a cheque to the Foundation for this amount. Thanks to all who bought tickets for this event.

COMINGS & GOINGS

Welcome to:

Saretta O'Mahony
Helen Fennessy
Sethu Kannan Rengarajan
Traci Cook
Sheila Quilty
Pauline Dore
Vanessa De Silva
Carmel Horgan
Pauline Ring
Valerie Williamson

Goodbye to:

James Adedeji
Mary McDermott
Patricia Deasy
Helen Hogan
Carmel Noonan
Mary Meade



Greyhound Benefit Night

The Annual Greyhound
Benefit Meeting will take
place in Cork track on
Thursday, 14th July 2005.

Handy Hints

Get rid of paint smells by leaving a cut onion in the room for a few hours.

What is the best tool for scrubbing a carpet spot?

Another piece of carpeting.

Are your shoes smelly?

If so, put some tea leaves into a pair of stockings and stuff into a shoe. Leave for a day or two and the smell vanishes.

Agnes Fehin and the Literacy