



### **CAPITAL DEVELOPMENTS – ST. JOSEPH'S FOUNDATION**

Our very ambitious capital development programme is well under way and includes:

- Therapy Pool at Baker's Road at a cost of €2,100,000 to be completed in August 2007.
- Retirement Home in Ballylanders at a cost of €1,600,000 to be completed in February 2007.
- Assisi House, Day House, Charleville to be refurbished and an extension added at a cost of €400,000, to be completed in July 2007.
- Sensory Garden on main campus, Baker's Road, Charleville at a cost of €40,000 to be completed in February 2007.

All the above projects are currently under construction and other planned projects are as follows:

- New school to replace existing Holy Family School which is at planning stage.
- Discussions ongoing with the Department of Health & Children regarding the development of a Pre-School / After School facilities at Baker's Road, Charleville.
- Refurbishment of "Caron View" day house, Charleville.
- Adult Residence planned for Ballyagran and Cullen.
- Children's respite at Cooleens, Charleville, contractor appointed, with work to commence in November 2006.
- Running Track on campus awaiting return of tenders.
- Plans for an adult respite house and a children's early intervention centre are at an advanced stage.
- Applying for planning permission to construct a Boccia court at Baker's Road, Charleville.

*Conor Counihan, CEO.*



Veronica Roche pictured with the Midlands Rose at the Rose of Tralee Festival in Tralee.



St. Joseph's Foundation service users and staff celebrate with the Heineken Cup at the very successful Annual Greyhound Benefit Meeting held at Curraheen Park, on Thursday, 13th July 2006.

## Holidays in Ballybunion a Big Hit with Service Users and Staff . . .



Errol, Jimmy, John and Mike relaxing in Ballybunion.



Andy enjoying his break in Ballybunion.

### Teach Mhuire News

We had a fantastic, very enjoyable and busy summer! Among the highlights was a weekend trip to Tralee, a two day break in Ballybunion and five days of fun in the Gleneagle Holiday Homes in Killarney, where we enjoyed the local entertainment, including a night with Dickie Rock.

We had an evening to remember on July 14th with our favourite, Daniel O'Donnell and just in case we were neglecting our social life, we also took in "Riverdance" in the INEC on September 9th.

After all that, (and in case we had committed any sins on our travels) Bridget Dineen and Angela Hynes went to Knock on August 23rd and vowed to pray for our redemption! They really enjoyed the trip, but whether or not they kept their promise remains a mystery!

Congratulations and well done to Angela Hynes who prepared so diligently for the equestrian event in the Special Olympics. Angela took the trip to Belfast but unfortunately due to a minor illness on the day, was unable to participate. Nevertheless she had a fantastic time and we are really proud of her.

**Birthdays Celebrated:** Bridget Dineen April 30th; Mary Hedderman May 19th; Angela Hynes June 2nd; Triona Guerin July 19th, Nora-Ann Howard July 26th.

*Helen Norton*

### Andy, Ger, Marie, Breda, Dermot and Denis enjoying the sun in Ballybunion



### SHORT BREAK TO BALLYBUNION

This summer some of the service users and staff had an opportunity to go on short breaks to Ballybunion, I was one of the lucky people who got to go with Peter, Breda and Mary and two staff Rita and Mary.

We spent three lovely days in Ballybunion, the house was a short drive from the beach or if you were walking you could go a short cut and then it was only minutes away. We had beautiful weather. Each morning after the breakfast we packed the bag and headed for the beach, we spent the time there relaxing, lying on the beach and walking along in the water. Each evening when we had freshened up and put on our good clothes we headed out for something to eat and then we went on to one of the pubs with music. There was a lot of places to choose from but my favourite was The Golf Hotel where there was always nice Country and Irish music. We had a lovely time in Ballybunion and I hope that next year we will be able to go there again.

*Kathleen O Keffe*



## New House in Newtownshandrum



On the 8th September 2006 we had the pleasure of opening our new house in Newtown. At present we have four full time residents, Majella Fenn (formerly of Bruree), Joseph Brennan (Ballylanders), Peter Sexton (Blossomville) and a new resident Veronica Roche. We hope to have a new addition to our clan soon.

We are all delighted with our beautiful new home. Though we have only been here a few weeks everyone has settled in very well and we feel very much at home.

We would like to thank everyone for their warm wishes and help with the big move.

We would also like to say a big thank you to the people of Newtown who have been very kind and welcoming to us. We are already fitting very well into Newtown, especially the social scene!

*Celine Dennehy S.C.L.*

## NEW NURSES



Bevelyn M. Mupada and Fleurdeliz Florendo

Coming to Europe was one of my big dreams. Now, the realisation of that dream has come true. I was so lucky to be able to continue my nursing career here in Ireland. My colleagues and co-staff at work are so nice and friendly. The management of St. Joseph's was always there to help and guide us during our first few days. Signs of courtesy, like saying "Thank You" and "Sorry" were observed all the time. Right now I am looking forward to the winter, which everyone says is unique and different. I am so grateful to be part of the growing family of St. Joseph's Foundation. I have found a home away from home.

*Bevelyn M. Mupada*

It is like I'm living my dreams. I heard all about Ireland from my teacher in college in the Philippines. I cannot believe I am already in this lovely place. It is amazingly different. The people, weather, environment, food and language are all different. I am delighted that the people I have met are so nice, courteous and kind hearted. I do not feel aloof or alone. You can see beautiful scenery and appreciate nature at its best.

Being in St. Joseph's Foundation is a great opportunity for me. I am very pleased with the programme for the care of the children with special needs. It has given me a chance to render my services to the best of my ability.

I like Ireland and my work place. I'm sure I will raise a nice family here too.

*Fleurdeliz Florendo*



My name is Anne-Marie O'Reilly and I am the music therapist at St. Joseph's Foundation. I qualified as a Music Therapist from the University of Limerick in 2004 and have since worked in Limerick and Brisbane, Australia. Music therapy may address cognitive, educative,

physical, social, emotional and/or behavioural needs. The process of music therapy is very different according to the age profile and abilities of people. Some sessions are non-verbal and involve the use of various musical instruments (percussive and melodic) known musically as improvisation. Here a therapeutic relationship develops and communication/expression ensues. Other types of intervention may involve singing, lyric analysis, recreating music and/or song



Mary Kinnane cutting her cake and celebrating with friends on her last day in St. Joseph's Foundation.

# Greyhound Benefit Meeting A Great Success

As you are aware, the Foundation's Annual Greyhound Benefit Meeting took place in Curraheen Park on Thursday, 13th July 2006.

This was a very enjoyable occasion and with very favourable weather conditions prevailing, a large crowd attended. We are confident that the financial reward will once again be very worthwhile and great credit is due to all who helped with making it such a success.

A special thank you to all who sold tickets for the night.



Service users, staff and friends of St. Joseph's Foundation enjoying our Greyhound Benefit Meeting.



## Prize Winners:

### Raffle/Admission Ticket:

1st Prize:  
Two Return Flights to New York:  
**Pat Savage.**

2nd Prize:  
Piece of Irish Dresden  
**Brid Sheehan**

3rd Prize:  
€200 Voucher to Chic Boutique  
**Maria Cronin**

4th Prize:  
Night Out & Meal for Four at  
Cork Track  
**David Sheahan**

### Race Card Raffle

1st Prize: **Damien O'Brien**

2nd Prize: **Mary Hayes**

3rd Prize: **Julia O'Neill**

4th Prize: **Eilish O'Neill**

5th Prize: **Padraig O'Connell**

## Celebrating Munster's Heineken Cup Success at our Greyhound Benefit Meeting



# ANNUAL OUTING - COBH AND MIDLETON

## St. Joseph's Workshop Social Club

In our last Newsletter I made an appeal for volunteers for St. Joseph's workshop Social Club. I am glad to report that this was successful and a special word of thanks to the following who offered their services: Pauline Ring, Saretta O'Mahony, Pauline Fitzgibbon, Angela Hawe, Josie Fitzgerald and Ginny Lee. We are very grateful to them for volunteering and their help and support is most appreciated. I would also like to take this opportunity to say a special thank you to Donie and Eileen Carroll who attend and help at every social.

**The following are the dates of forthcoming socials:**

**Tuesday, 7th November, Music by Casino, catering by Meelin Ladies Club.**

**Tuesday, 19th December, Music by Donie Walsh, catering by Liscarroll Ladies Club.**

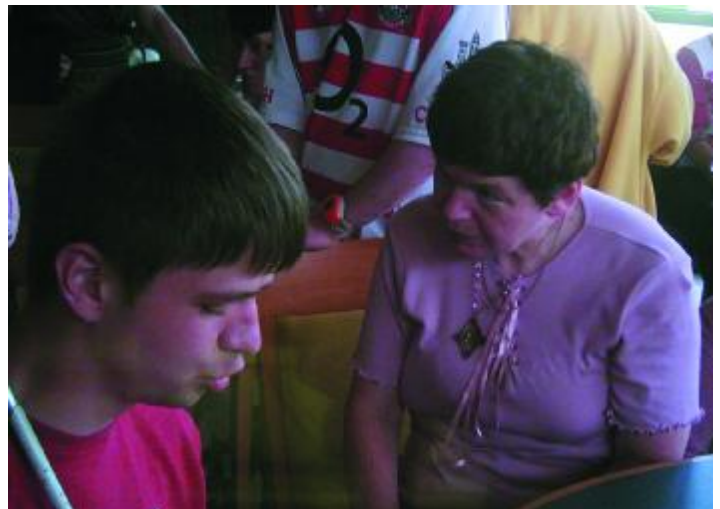
Both socials will be held in the Old Walls Liscarroll. A special word of thanks to Bridget and Morgan Madden for giving us the use of their premises, free of charge, for these events.

Thanks too to the Ladies Clubs and I.C.A. Groups who have been catering at these socials for many years.

**We had our annual outing on Friday, 7th July to Cobh Heritage Centre. The day began with breakfast at The Commons Inn, visit to Cobh Heritage Centre, shopping in Midleton and dinner at The Commons Inn on the way home. It was a**



Pat Hennessy and Angela Hynes at the Cobh Heritage Centre, Co. Cork.



Peter Sexton and Kathleen O'Keeffe at dinner in the Commons Inn, on our way home from Cobh.

## GALTEE HIKE FOR CHERNOBYL



Thanks to everyone who helped and supported our Galtee Hike on the 1st July 2006 for the Burren Chernobyl Project. €2,300 was raised and taken to Belarus by Donie Carroll where the money was used to buy new gym equipment, musical instruments, new beds and cots.

## STAGE DRAMA GROUP

The drama group are back in action. Ann O'Regan our drama teacher is with us again. This year we are hoping to do the pantomime "Aladdin".

It is a traditional pantomime with a cave full of magic and a laundry full of laughs. The lazy Aladdin lands on his feet when a Genie offers him all his hearts desires. But will his plans be thwarted by the evil Abanazar? Can Widow Twanky find love among the washing? Will Aladdin win the heart of the Princess Yasmin? And can you get penalty points while driving a magic carpet? Will you be able to recognise service users and staff in their disguises? Find out the answers to these and other questions at "Aladdin" our Christmas Pantomime.

This year our show will be staged in December at The Schoolyard Theatre by kind permission of Kevin O'Shea. Dates and time to be announced later.

## T.E.S.S. TRAINING CENTRE



Service users and staff from T.E.S.S. and the Work Shop travelled to Dublin to see the Botanic Gardens on August 11th, 2006 and had a wonderful day out.



### IRISH CANOE UNION KAYAKING COURSE AT LOUGH GUR



A group from T.E.S.S. who travelled to Lough Gur to complete their Certificate in Kayaking from the Irish Canoe Union received their certs on July 27th, pictured with their coaches Keith and Jonathan.



David and Stephen Hickey cut their birthday cake to celebrate their 20th birthday with their friends in St. Joseph's.



Margaret Fleming celebrated her 21st birthday on July 19th 2006 with service users and staff.

**WELCOME** to Mary Irwin, Seamus Brown, Patrick McCarthy, Gerard Healy, Brendan Cronin, Mary Kirby, Peter Sexton, Eileen O'Keeffe, Deborah Scanlon, Andy Finn and Emma Ryan who have just started their three year programme in the training centre.

**BEST OF LUCK** to Liz Walsh who has completed her three years in the T.E.S.S. Training Centre.



KEENAN O'BRIEN GORRY



JOHN SHEAHAN



VINCENT OVENSARI



JOHN FITZGERALD

**NEW PUPILS AT  
HOLY FAMILY  
SCHOOL**



ADAM MacCARTHY



COLLETTE COLLINS



LEANNE SHEILDS



BECKY O'CONNOR

**Hospice Foundation Coffee Morning at Holy Family School**



## Adult Education Programme

### Organic Horticulture Class

The organic horticulture class that started in June, had a very busy summer. A lot of work has been done in the Sensory Garden. Most of the beds have now been filled in and we have been organically growing lettuce and herbs since July in the vegetable section of the garden. These have been used in The Forge Restaurant and in our own canteen.

September/October are good months for planting so we are busy putting trees/shrubs/bulbs in the beds in the sensory area of the garden.

One of the nice things about being in the organic horticultural class is that we go on field trips. Our first trip was to The National Botanic Gardens in Glasnevin in Dublin, which also has a sensory garden. We travelled to The Botanic Gardens by bus. After lunch we were met by our guide Rosie Holden, who took us through the gardens pointing out suitable plants for use in our own sensory garden. We took a lot of photographs and got lots of advice about our own sensory garden from Rosie. It was a beautiful day and the flowers and trees were magnificent. Marian Cronin our tutor came with us. We had a long day and it was late when we got home but it was well worth the trip to see one of the nicest gardens in Ireland.

Our second field trip was nearer home to Springfield Castle in Broadford, Co Limerick. Springfield Castle (*pictured below*) is on an old estate, and Jonathan Sykes the owner allowed us to visit the grounds to collect nuts and seeds. Marian Cronin our tutor came with us. There is an avenue over one mile long that leads up to the castle and on either side of this there are large oak, beech and lime trees. We picked acorns that had fallen from an oak tree, we also got horse chestnuts and seeds of the ash tree which are called "keys". We will plant these seeds and hopefully some of them will grow.

*Elizabeth McMahon, horticultural class*



## COMINGS & GOINGS:

### **Welcome to :**

Aisling McEnergy  
Angela O'Dea  
Ann Connolly  
Anne Walsh  
Anne-Marie O'Reilly  
Carmel Foley  
Carmel Kirby  
Carmel Lee  
Cathy O'Regan  
Eileen O'Connor  
Eileen Harrington  
Fleurdeliz Florendo  
Geraldine Long  
Irene Deady  
Jeremiah Scannell  
Joanne Stack  
Katie Metelko  
Louise Leahy  
Mairead Costello  
Mary Duggan  
Mary Hayes  
Niamh Gillen  
Nicola Kelly  
Nora O'Donnell  
Oonagh Stovell  
Patricia Morley  
Sean Keane  
Sheila Carver

### **Goodbye to :**

Breda Buckley  
Christina Ensor  
Eileen Fitzgerald  
Marie Burke  
Mary Kinnane  
Niamh Stott  
Noreen Daly Murphy  
Rhona Clements  
Tracy Ryan  
Ruairi Condon  
Norma Corkery



### **CHILDREN'S RESPITE HOUSE, THOMASTOWN – The New Playground**

Recently, a new playground has been installed in the Thomastown Respite Centre. Here children have endless hours of fun on the various equipment, the trampoline, the swings, the see saw, etc. It received great use over the summer months from children and staff alike. It provides us with an activity everyone can enjoy together as a group or independently. Hopefully it won't rain all winter and we'll get out to play.

